

Frog Bar & Grill Lunch Menu

Starters

Soup of the Day \$4 (cup) \$5 (bowl)

Please ask your server

Tortilla Soup \$5 (cup) \$6 (bowl)

Finished with cheddar cheese, diced avocado, & tortilla strips

Side Salad \$5

Served with your choice of dressing

Appetizers

Buffalo Mozzarella Bruschetta \$9

Sliced tomato, basil, fresh mozzarella & finished with balsamic reduction and garlic olive oil

Gorgonzola Crusted Portabella Mushroom \$9

Finished with rosemary port wine demi glaze

BBQ Chicken Quesadilla \$10

Served with pineapple salsa & roasted pasilla-cilantro crema

Brie Cheese Puff Pastry \$10

Served over tomato-basil coulis with toasted pecans

BBQ Shrimp Skewer \$11

Served with a crispy jicama-pineapple cole slaw & a lemon wedge

Seared Sesame Ahi \$12

Served on a bed of steamed rice with miso-soy sauce & creamy wasabi

Salads

(Add Chicken \$3 or Shrimp \$4)

Glen Annie House \$10

Fancy greens, toasted almonds, blue cheese, caramelized pecans with honey balsamic dressing

Traditional Caesar \$10

Hearts of romaine, lime caesar dressing with a romano cheese crisp

Oriental Chicken \$13

Julienned Napa cabbage, cashews & wontons with pineapple sesame ginger vinaigrette

Topa Topa \$13

Crisp iceberg lettuce, cheddar & jack cheeses, black beans, corn, tomato, onion, avocado chicken & tortilla strips with creamy avocado lime vinaigrette

Santa Barbara Cobb \$13

Crisp iceberg lettuce, sliced chicken, smoked bacon, avocado, tomato, blue cheese, hardboiled egg cheddar & swiss cheeses with house made blue cheese dressing

California Seared Ahi \$14

Fancy greens, grilled pineapple, banana chips, avocado & rice noodles with cilantro soy vinaigrette

Crepes

Roasted Chicken Vegetable Crepes \$14

Eggplant, squash, zucchini, mushroom, cooked in tomato coulis & mozzarella cheese, served with side salad

Seafood Tuscany Crepes \$15

Mahi Mahi, shrimp & scallops cooked in tuscan sauce & mozzarella cheese, served with side salad

Sandwiches

Served with your choice of French Fries, Cole Slaw, Potato Salad, or Fruit
Substitute any side with a Daily Soup or Side Salad for \$1

Glen Annie Veggie Gyro \$10

Ground garden burger served on grilled flatbread with crumbled feta, Greek salad & tzatziki sauce

Tuna Melt \$11

Albacore tuna with monterey jack served on grilled sourdough

Rueben \$11

Thinly sliced corned beef, sauerkraut, swiss cheese, & thousand island on grilled rye bread

Philly Steak \$12

Roast beef topped with sautéed peppers, onions, & cheddar cheese sauce on hoagie roll

Chicken Eggplant Panini \$12

Grilled chicken breast topped with roasted eggplant & provolone cheese on fresh homemade focaccia

Arizona Burger \$12

Lean quarter-pound hamburger with lettuce, tomato, onions, jack cheese, avocado, & smoked bacon

Santa Fe Chicken Croissant \$12

Baked chicken breast, melted jack cheese, smoked bacon, avocado, & sprouts on grilled croissant

Blackened Ahi Wrap \$13

Pan seared ahi with crispy lettuce pineapple relish and sesame ginger aioli
served in a honey wheat tortilla

Specialties

Southwest Chicken Risotto \$14

Grilled onions, bell peppers, roasted corn & lime beurre blanc with fresh vegetables

Panko Halibut Tacos \$15

Avocado aioli, cabbage, cheese & pineapple pico de gallo, with tortilla soup

Pan Seared Mahi Mahi Risotto \$15

Served over tropical risotto & citrus beurre blanc with fresh vegetables

Grilled Flat Iron Steak \$16

Served over roasted garlic mashed potatoes & roasted shallot-wine demi glaze with fresh vegetables

Sautéed Shrimp & Three Cheese Tortellini \$16

Corn relish & chipotle beurre blanc

Macadamia Crusted Seared Ahi \$16

Over steamed rice, citrus hoisin sauce & fresh vegetables

Pizzas

Traditional Margherita Pizza \$13

Fresh mozzarella cheese, fresh tomatoes & traditional sauce

Santa Maria Goat Cheese Pizza \$14

Finished with grilled chicken, avocado, onion & creamy BBQ sauce

Dessert

Daily Selection

Ask Your Server About Today's Specials